



GC32 RACING TOUR – GC32 LAGOS CUP 2 – 28 JULY - 1 AUGUST 2021

COVID-19 CONTINGENCY PLAN

**Any questions – please call
Christian Scherrer +41 79 421 62 17 or Martinho Fortunato +351 964 512 975**

Introduction

This contingency plan is vital to ensuring all the safety rules, regulation and conditions relating to the COVID-19 pandemic are understood and adhered to by all parties, both competitors and administrative, involved in the GC32 Lagos Cup 1 and 2 in 2021.

These measures are to help guarantee compliance with, and in fact go beyond, local and national legal requirements. These are all aimed at preventing the spread of the coronavirus, both within our event and within the local population, who – it must be remembered - are taking some risk by permitting two GC32 Racing Tour events to be held in their venue this summer.

This plan applies to everyone involved in the events organised by Club Vela de Lagos, GC32 Class Association (GC32 Racing Tour), Marina de Lagos, Marina Club Resort Lagos and Sopromar both on and off the water.

Where and when

Marina de Lagos, Lagos, Portugal

GC32 Lagos Cup 2 28 July – 1 August 2021

Social events laid on by the organising authority take place outside and will be limited to:

- Wednesday 28th July 1830 Opening aperitif at the GC32 Outdoor Lounge
- Sunday 1st August 1700 Prizegiving at the GC32 Outdoor Lounge

Sailing – degree of contagion

Sailing is classified as 'low risk' by many health organisations, in terms of our sport's ability to cause transmission of the virus, because

- Classified as an 'individual' sport by many countries, regardless of the number of crew on board;
- It takes outdoors, often in strong wind and without physical contact



Physical prevention - Actions and Procedures:

- Use of masks is mandatory at the venue.
- Frequently wash hands with soap and water or use an alcohol-based hand sanitiser.
- Social distancing of 2+m shall be respect
- There should be no sharing of material or equipment between crews during training or ashore.
- Meetings if held inside will take with 2+ meters social distancing between those attending.
- Access to the GC32 Outdoor Lounge will be only granted to registered and tested participants, staff and guests.
- Access to the pontoons will be only granted to registered marina guests and registered and tested participants, staff and guests.
- Spectators will be not allowed at the event.

Individual responsibility

It is vital to the health of those at the event and the surrounding community, that individuals communicate with the organisers the moment they or any of their colleagues/crew start to display any coronavirus symptoms.

Symptoms of the COVID-19 coronavirus

- Difficulty breathing or shortness of breath
- Cough (new cough or severe aggravation of regular cough)
- Headache
- Fever (temperature equal or above 38.0°C)
- Loss or change to your sense of smell or taste
- Nausea or vomiting
- Diarrhea

Showing symptoms?

If you or your colleagues/crew at the GC32 Lagos Cup start to show any symptoms that might indicate possible coronavirus infection they are obliged to:

- Call **Christian Scherrer +41 79 421 62 17** or **Martinho Fortunato +351 964 512 975**



- Go directly to **the isolation room of Marina Club Hotel** avoiding contact with people. Here they can seek medical advice.

Isolation area

Once medical advice has been provided it may be that the patient must then stay in an isolation area, to contain exposure and potential spread of the virus. Within the isolation area wearing of face masks is mandatory along with regular hand sanitising.

While in isolation the Portuguese health authority will be contacted and national rules regarding patients showing symptoms of infection will have to be followed strictly.

The area of isolation will be disinfected after its use, following health authority requirements.

Testing

At the event registration Monday 26th and Tuesday 27th of July all participants (athletes, coaches, support/shore team as well as the event staff team must provide a negative PCR test (no older than 72 hours), proof of being fully vaccinated or alternatively a negative Antigen fast test (which can be made onsite at registration at the Race Office).

In the event of any individual(s) testing positive they will be isolated while their test results are double checked using a PCR test. Their crew or colleagues will be required to take a further Antigen fast test.

Medical Support:

The medical support for the GC32 Lagos Cup 2 will be carried by the local public hospital service.

Contacts:

Christian Scherrer
GC32 Int. Class Association / GC32 Racing Tour
+41 79 421 62 17
christian@gc32racing.com

Martinho Fortunato
Club Vela de Lagos / Marina de Lagos GC32
+351 964 512 975
mfortunato@marlagos.pt